



Michelle Love

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ISR

&

Michelle Love, Instructor

## Parent Agreement

2014

**Please read through the following carefully, and initial and sign where noted.**

1. Please fill out the following forms and bring them with you to your child's first lesson.
  - a. Parent Agreement (this document)
  - b. Contact/Emergency Information
  - c. Photo/Video Guidelines
  - d. Photo/Video Release
  - e. Signed copy of your child's registration form. This was to be printed upon completion of the registration process
  - f. Full BUDS on each child who has not been potty trained for 6+ months
  - g. Cash (preferred) or check made payable to Michelle Love for the ISR tuition for the first week. (\$75) Starting this year, I am also able to accept all major credit cards, but there is a slight fee for this convenience and your weekly tuition would be \$80.

**Please read this document carefully. Initial each item where noted, then sign and date the bottom of the agreement.**

### **PARENT RESOURCE BOOK (PRB)**

Please read your copy of the PRB. This is an easy read and it will not take you long to read it. You should have received this in the mail once you registered your child. Read this carefully. This book will answer most of your questions and it will educate you about the approach used to teach an infant or child aquatic survival skills. If you have not received your book from the ISR National Office, you can borrow a copy from your instructor.

\_\_\_\_\_ I have read the PRB and have discussed any questions or concerns that I may have with my instructor.  
(initial)

### **BUDS INFORMATION**

A FULL BUDS Sheet (PRB, Ch. 2) **must be filled out daily** and presented to the instructor before the lesson begins. This sheet is used as a tool for the instructor to monitor your child's bowel, urination, diet and sleep behavior to determine progression of the lessons. If you forget the BUDS sheet, please fill one out at the pool before your child swims. **Your child will not be able to swim without this completed form.** Please bring the previous weeks' FULL BUDS with you on Monday or your next returning day of lessons. This should be signed and dated and returned to your instructor. If you need additional forms, they can be found in the back of the poolside box.

The Poolside BUDS will be completed, in addition to the FULL BUDS on the pool deck prior to each lesson. This should be reviewed for accuracy by the parent and/or guardian on Friday and signed and dated. You will find a new Poolside BUDS sheet in the folder on Monday.

The completion and submission of the FULL BUDS to the instructor and the completion of the Poolside BUDS is required before EVERY lesson for any child who is not potty trained and accident free for at least 6 months.

**The FULL BUDS and POOLSIDE BUDS are a requirement of ISR and are non-negotiable.**

\_\_\_\_\_ I have read and understand the BUDS information section of the PRB and will strictly abide by the guidelines set forth.

### **MEDICATION**

Please inform the instructor of any medication your child is taking during the lessons and give no medications within two hours of the lesson time. Also, please keep your child's fingernails trimmed.

\_\_\_\_\_ I will ensure that I notify my instructor of any medication changes my child may have incurred; whether it is that they are no longer taking the medication or that they are taking a new medication.

### **3 TOWEL RULE**

Please bring 3 towels to the lessons. Two towels go under your child when they emerge from the pool and one is used to cover your child. Your instructor will place your child on his/her LEFT SIDE immediately after the lesson to allow air to be released from the stomach slowly, as well as to allow a proper rest for the child.

\_\_\_\_\_ I understand why 3 towels are needed and will bring 3 towels per child to each lesson.

## **SANITATION POLICY**

Fecal contamination in or around a pool poses a serious health risk to all using the facility. When an accident occurs, we are forced to shut down operation for an extended period of time to properly clean and sanitize our facility. Our goal is to reduce the spread of disease and inconvenience to swimmers while lessons are cancelled. For the health and safety of our swimmers and instructors, the following guidelines are in effect:

1. Children who are not 100% potty trained must wear a reusable swim diaper, a disposable swim diaper and an additional layer of protection (bathing suit, bottoms or trunks).
2. If a potty trained child has an accident and did not ask the instructor to use the restroom and is not wearing a swim diaper, there will be a \$250 fee to partially cover the costs incurred for cleaning and canceling lessons.
3. As reminded several times, do NOT allow your child to eat for 1 ½ to 2 hours before your child's lesson. No milk, dairy products or soy for at least 2 hours before the lesson. No apple products are to be consumed during the entire lesson series. The lesson time may have to be reduced if your child is full or bloated. Should your child get sick in the pool, the 1<sup>st</sup> time is excusable, the 2<sup>nd</sup> time we will give you a warning and the 3<sup>rd</sup> and subsequent times there will be a \$100 fee to cover the costs incurred for cleaning the pool and for putting lessons behind the rest of the day.

\_\_\_\_\_ I have read and understand the Sanitation Policy and am aware of the eating/drinking guidelines stated in the PRB and as described in #3 above.

## **ATTENDANCE POLICY**

Please remember that you are paying for a time slot for your child. The tuition amount is the same regardless of how many times your child attends lessons in a given week. In order for your child to complete the training in 4-6 weeks, you must make plans to attend each scheduled lesson.

\_\_\_\_\_ I have read and understand the policies as they relate to attendance, skipped lessons, or tardies.

## **TARDY OR SKIPPED LESSONS**

Consistency is very important in our system. Bringing your child **every day** will increase the rate of progress and better the retention of learned skills. If you are late to the lesson, please be courteous to those scheduled at the present. (Out of respect for all of my parents, if you show up 5 minutes late, you can expect to only have a 5 minute lesson that day). For this reason, you should arrive to your lesson 5-10 minutes early so that all paperwork can be finished and children are fully ready to go into the water at their allotted time. Remember, you are paying for your time slot. I cannot credit missed lessons.

If your child will miss a lesson due to illness, please call or email me immediately at 972-989-2530 or [m.love@infantswim.com](mailto:m.love@infantswim.com).

\_\_\_\_\_ I have read and understand the policies as they relate to tardies or skipped lessons.

## **SESSION TUITION**

On the first day of each week, tuition is due. Cash is the preferred method of payment, but checks are fine too. Please make any checks payable to Michelle Love. Please place the payment in the envelope inside your child's folder in the folder box at poolside. I am also able to accept all forms of credit cards for a \$5 per week fee. All tuition sales are final. Please be prompt with your payments. I will not be able to swim your child if payment has not been made or arrangements have not been made with me personally.

## EXPECTED BEHAVIOR

1. During a lesson, parents and siblings are to remain in the area of the pool deck or covered patio at all times. Children are not allowed on or in the tree house in the backyard.
2. It is the parent's or guardian's responsibility for all persons brought to the pool location. While at the pool, parents need to ensure that their children respect the possessions of the homeowners.
3. Running is NOT permitted anywhere on the premises.
4. No climbing is allowed anywhere on the premises. This means no climbing on the pool, pool deck, flowerbeds, etc...
5. There are **NO BATHROOM FACILITIES** at this location. You must make arrangements for going to the bathroom before or after you come to lessons. You must really plan ahead for this. You are welcome to bring a portable potty if your child consistently needs to use the restroom around lesson times. But under **NO CIRCUMSTANCE** will a person be allowed to enter the residence to use the restroom. If you are not prepared for this, you will be forfeiting your lesson for that day. "Watering the bushes" is always allowed if your child needs to urinate.

\_\_\_\_\_ I understand that I am, at all times, responsible for the child (children) that I bring to 404 Coachlight Tr. in Rockwall, TX 75087.

## DURING THE LESSONS

You will read in the PRB about the importance for your child of your attitude and emotions with regards to lessons, so please keep in mind that your child is constantly observing you and taking his or her emotional cues from you. So, maintain a positive, supportive attitude throughout your child's ISR lesson experience. If you have a question or a concern regarding lessons, please contact me directly.

\_\_\_\_\_ I understand that I should only act as an encourager to my child during the lesson. I will not attempt to discipline my child while they are in the water unless specifically asked to do so. I will follow the instructor's lead in encouragement as well and only encourage after the instructor has done so.

## VIDEO AND PICTURE TAKING

I have read and understand the video and picture taking guidelines. It is an ISR policy that you must obtain approval from your instructor if you would like to take pictures and/or video tape. Pictures and videos are only allowed on Fridays. Please see the additional form regarding video and picture taking guidelines.

\_\_\_\_\_ I have read and understand the separate form explaining the video and picture taking policy. I will abide strictly to this policy.

## OUTSIDE INTERFERENCE

I am confident that your child will be completely skilled in about 6 weeks provided you bring your child to **lessons each day and do not allow any interference outside of lesson time**. Interference includes such things as "working with your child in the water", allowing your child in the baby pool or a zero-entry pool, or allowing your child to "practice" in the bathtub, etc... Please read the PRB (Ch. 5) for a full understanding of interference. If, prior to the completion of the 4-6 weeks, your child will be swimming, please notify me in advance so that I can get you into the water and teach you how to swim your child in such a way that it will allow for minimal interference.

\_\_\_\_\_ I have read and understand that outside interference can disrupt or interfere with my child's ISR skill progression. I will ensure that I speak to and learn from my instructor what I should and should not do with my child in the water while they are actively enrolled in and attending ISR lessons.

### **INCLEMENT WEATHER**

If it is thundering and lightning, we will not be able to do swim lessons. The rule of thumb is 30 minutes after the last thunder heard or lightning seen is the time needed before you can get back into the water. If you hear thunder or see lightning at the time of lesson, or just before your lesson, the lesson will be canceled. These conditions are out of our control, but obviously this is a safety issue and we want to ensure our students as well as instructors stay safe and out of danger. Every effort will be made to contact you before the lesson if we should have to cancel lessons due to the weather. If you should have questions about whether a lesson has been canceled due to weather, feel free to contact me at 972-989-2530. Texting is the best form of contact during lesson times. Lessons are typically not made up for reasons of weather. The only exception is if you have missed more than one lesson in a week.

### **PARKING and ENTRY TO LESSONS**

Parents will have two options for parking this year. Parents are still allowed to park in the front of the residence on Coachlight Trail or to the side of the residence on Highland Street. Starting in 2014, parents will also be able to park in the driveway off of the alley. Do not block the alley, or trap other swimmers in. Just realize that you run the risk of being asked to move your car from the back if the residents of the home need to leave. Please do not block each other in and be sensitive to other people who will still need to be able to navigate the street. **PLEASE PARK ONLY ON THE SIDE OF THE STREET IN FRONT OF THE HOUSE. This is mandatory.** You will be asked to move your car if you are parking in the front of a neighbor's house or across the street. Last summer there were issues with other homeowners not being able to get down the street because it was blocked from the cars of ISR students. For this reason, I need everyone to stay only on the side of the street in front of my house.

**New entry for 2014!** From Coachlight, walk to the back of the house on the right side of the house. We have added an additional gate and walk path on this side. It is a much more direct route for parents! There is a black gate on this side. Please be sure and close the gate completely when entering or exiting so that no children can accidentally wander away unsupervised.

From Highland, you will need to walk or drive up the alley. We are the second house on the left with the black iron fence. You will enter through the gate in the driveway. Please be sure and close the gate completely when entering or exiting so that no children can accidentally wander into the alley unsupervised.

\_\_\_\_\_ I understand the parking situation and will park in the places described above.

The policies and procedures outlined in this document and the ISR Enrollment Agreement have been outlined and created to allow me to provide your child with the best and safest experience during his or her participation in ISR lessons. Many of these guidelines have been established based on 41 years of research and experience and thus, they exist to protect the health and well-being of your child.

By signing below, you acknowledge that you have read and fully understand all of the ISR and/or Michelle Love's policies and procedures as stated within this document, the ISR Parent Agreement.

Print: \_\_\_\_\_  
(Participant's Parent/Guardian)

Date: \_\_\_\_\_

Signed: \_\_\_\_\_

### Contact/Emergency Information

Parent's printed names:		
Home phone:	Cell:	Work:
Address:		
City:	State:	Zip:
Email:		
1 <sup>st</sup> Student's Name:		
Age:	DOB:	MALE/FEMALE
Medical conditions or special needs we should know about:		
2 <sup>nd</sup> Student's Name:		
Age:	DOB:	MALE/FEMALE
Medical conditions or special needs we should know about:		
3 <sup>rd</sup> Student's Name:		
Age:	DOB:	MALE/FEMALE
Medical conditions or special needs we should know about:		
4 <sup>th</sup> Student's Name:		
Age:	DOB:	MALE/FEMALE
Medical conditions or special needs we should know about:		

### Emergency Information

Name:	Relationship:
Home Phone:	Cell Phone:

**INFANT SWIMMING RESOURCE**  
**ISR Instructor Video Guidelines and Release**

I, (print name) \_\_\_\_\_, parent or official guardian of (child's legal name) \_\_\_\_\_, hereby agree that any/all videos taken during Infant Swimming Resource (ISR) lessons must be granted prior approval by Michelle Love, a fully Certified Instructor, prior to being published on any websites, including, but not limited to: Facebook, YouTube, Blogs, Personal Websites, Company Websites, and Myspace.

I agree to only film or capture video on days when my child is practicing a learned skill. Your certified instructor, Michelle Love, will detail which lesson day is approved for filming. (Fridays are the only day when videos and pictures are allowed. ML)

Skills appropriate to film include:

- Unassisted floating
- Roll-back to float
- Unassisted swim-float-swim
- Swimming from the instructor and/or to the edge of the pool, bar or steps

Videos cannot include prompts or procedures that are proprietary Infant Swimming Resource, LLC trade secrets.

(Date) \_\_\_\_\_

\_\_\_\_\_  
(Signature of Parent or Guardian)

\_\_\_\_\_  
(Street Address of parent or legal guardian)

\_\_\_\_\_  
(City, State, Zip)

Phone number (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_